

CAMP APPLICATION

Please enroll my child in the DeSales University Pitching & Catching School, subject to the conditions of your camp literature.

Name of Camper _____

Address _____

City _____

State _____ Zip _____

Phone _____ Emer. Phone _____

Age _____ Grad. Year _____ Position _____

Email _____

Medical Release: I hereby authorize the staff of the DeSales University baseball school to act for me according to their best judgement in situations requiring first aid or medical attention. I hereby waive and release DeSales University Pitching & Catching School from any and all liability for any injury or illness by my child while at camp. Accident insurance is provided as part of the camp tuition cost.

Parent or Guardian Signature

Please mail check to the address below -
Attention Baseball School

Located on the campus of DeSales University
2755 Station Avenue, Center Valley, PA 18034-9568

(610) 282-1100 ext 1384
www.desalesbaseballcamps.com

CATCHING

TYPICAL DAY

Framing & receiving drills

Block & recover drills

Throwing mechanics

Bunt & steal plays

Force plays

Tag plays

Pop-ups

Pregame routine



PITCHING

TYPICAL DAY

Video Saturday / Review Sunday

Form and Mechanic drills

Pitchers fielding practice. (bunts, pick-offs, cov. 1st, come backers) each day we will isolate and practice one.

Players will be shown proper stretching exercises to prevent arm injuries.

Proper grips and release points will constantly be re-enforced on fastballs and off-speed pitches.



DeSales University 2018



BILLERA HALL

SATURDAY & SUNDAY

November

3 & 4

10 & 11

17 & 18




Session 1: Ages 8 - 12 8:30 a.m. - 10:30 a.m.


Session 2: Ages 13 - 17 11:00 a.m. - 1:00 p.m.

www.desalesbaseballcamps.com

DIRECTOR:

 **Tim Neiman**
Head Baseball Coach
DeSales University

 **Karl Rentzheimer**
Pitching Coach
DeSales University

 **Todd Miller**
Southern Lehigh High School
• Former pitcher in the
Boston Red Sox Organization

 **Taylor Davis**
DeSales University

 **Sean Buchanan**
DeSales University

 **Matt Moore**
DeSales University



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GENERAL INFORMATION:

Time: Session 1:
Ages 8 - 12
8:30 am to 10:30 am

Session 2:
Ages 13 - 17
11:00 am to 1:00 pm

Playing Equipment: The camp will be inside. Bring sweat or baseball pants, shorts, T-shirt, hat, glove and sneakers. Catchers should bring their own gear.

Cost: \$180.00 make checks payable to 'DeSales University'. The price of the school includes ALL 3 weekends.

Payment: A \$50.00 deposit is required to reserve a space in the school.

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DeSales University Pitching & Catching School

DeSales University is proud to present a quality instructional pitching & catching camp for players ages 8 - 17. The camp is divided into two sessions: session 1 - Ages 8 - 12 and session 2 - Ages 13 - 17. This camp is designed to be a very advanced camp with a high level of instruction. The baseball school consists of three weekends with players attending for two hours every Saturday and Sunday. Enrollment will be limited in order to maximize personal instruction. Players will be grouped according to age, physical maturity, previous experience and overall ability.

Our primary goal is to instruct all players on proper pitching & catching mechanics which will maximize performance. Players will be introduced to a series of form drills, which are designed to isolate various mechanics. Drills will be used to correctly show how to throw two and four seam fastballs, breaking balls and change-ups. Players will work through a series of location drills first with the fastball and then with the off speed pitches. Instruction will be given on the proper stride, hip alignment and release points for throwing the ball to the inside, middle and outside part of the plate.

Players will also be videotaped to allow each player to view his strengths and weaknesses as critiqued by the coaching staff. This will be done each weekend so that the player can see if he is correcting problems in which the coach has pointed out.

Please take the time to look over our brochure, and if you have any additional questions please feel free to call. In order to reserve your reservation we urge you to send in the application as soon as possible. Space will be limited and filled on a first come first serve basis. ♦